#### DEPARTMENT OF SOCIAL SERVICES

Community Care Licensing Division Statewide Children's Residential Program Out-of-State Certification Unit 744 P Street, Sacramento, CA 95814 ~ MS 19-50



May 25, 2010

Mr. William Dean, Executive Director Woodward Academy 1251 334th Street Woodward, IA 50276

Subject: CDSS RECERTIFICATION

Dear Mr. Dean:

Pursuant to California Family Code Section 7911 et al., this is official notification that Woodward Academy's certification by the California Department of Social Services (CDSS) as an out-of-state group home provider is continued through May 2011.

The following waivers remain in effect:

- · Use of bunk beds.
- More than two youth to a bedroom.
- Standard academy issued clothing. (Highly Structured Program)
- Hair length grooming policy. (Highly Structured Program)

Certification will continue to be reviewed annually. The Out-of-State Certification Unit will be following the Department's policy, which authorizes us to inspect facilities with or without appointment.

Thank you for your cooperation during my onsite recertification visit last week. If you have any questions, please contact me at (916) 838-5751.

Sincerely,

CAROL LANCASTER, Certification Analyst

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c: Rosalind Hyde, Manaer and Deputy Compact Administrator, CDSS Division of Children and Family Services, Out-of-State Placement and Policy Unit

CALIFORNIA DEPARTMENT OF SOCIAL SERVICES COMMUNITY CARE LICENSING DIVISION

CCLD Regional Office, 744 P STREET, MS 19-50 SACRAMENTO, CA 95814

## **FACILITY EVALUATION REPORT**

FACILITY NAME: WOODWARD ACADEMY

ADMINISTRATOR: WILLIAM DEAN

ADDRESS:

1251 334TH STREET WOODWARD

CITY: CAPACITY: TYPE OF VISIT:

MET WITH:

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248 Case Management

Bill Dean, Exec. Director; Ryan Santi, Admissions

Director; Tonna Lawrenson, Treatment Coordinator

**FACILITY NUMBER:** 

602300054

**FACILITY TYPE:** 

(515) 438-3481

TELEPHONE: ZIP CODE:

50276

731

DATE: TIME BEGAN: 05/18/2010 09:30 AM

TIME COMPLETED:

05:26 PM

#### **NARRATIVE**

## PURPOSE OF VISIT:

As mandated by California law, this visit was performed by the undersigned analyst with the California Department of Social Services (CDSS) on May 19 and 20, 2010. This annual evaluation is conducted for the purpose of recertification and to assure that the facility continues to:

STATE: IA

**CENSUS**: 232

UNANNOUNCED

- have adequate and appropriate resources to provide safe, suitable 24-hour residential care, supervision and treatment services to children in care.
- remain in substantial compliance with California licensing standards and regulations, as well as licensing standards and laws in the state of lowa, where the facility is located.

#### CERTIFICATION HISTORY:

Pursuant to California Family Code Section 7911 et al., Woodward Academy was initially certified by the CDSS June 26, 2008; and subsequently, re-certified April 28, 2009.

## FACILITY INFORMATION, BACKGROUND AND PROGRAM

Woodward Academy is a residential treatment facility for male youth located in Woodward, lowa which is approximately 25 miles northwest of Des Moines. Woodward Academy's official governing board is Woodward Youth Corporation, a non-profit organization established in 1995. The program's aim is to redirect delinquent, negative behaviors to positive, socially acceptable patterns. Woodward's treatment philosophy focuses on behavioral and cognitive change through the establishment of a normative culture using the sociological and cognitive behavioral model as well as offender specific treatment services. The Woodward Academy campus, which is located on the grounds of the Woodward Resource Center, is leased from the State of lowa and consists of eight residential halls, an educational complex, recreational space and faculties and administrative offices. Meals are prepared and served in a centralized cafeteria although each residential hall has it's own pasic kitchen "heat and serve" amenities.

SUPERVISOR'S NAME: Mei Yuk Kung

TELEPHONE: (916) 327-8763

LICENSING EVALUATOR NAME: Carol Lancaster

TELEPHONE: (916) 838-5751

LICENSING EVALUATOR SIGNATURE:

DATE: 05/25/2010

Paul Fancost in

I acknowledge receipt of this form and understand my licensing appeal rights as explained and received.

**FACILITY REPRESENTATIVE SIGNATURE:** 

DATE: 05/25/2010

This report must be available at Child Care and Group Home facilities for public review for 3 years.

# **FACILITY EVALUATION REPORT (Cont)**

FACILITY NAME: WOODWARD ACADEMY

FACILITY NUMBER: 602300054 VISIT DATE: 05/18/2010

#### **NARRATIVE**

## FACILITY INFORMATION, BACKGROUND AND PROGRAM (Cont.)

The population served is as follows:

Males 12-18 years old.

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- Full-scale IQ of 70 or above.
- Is impulsive / irresonsible
- Denies and/or justifies negative behavior
- · Has problems with anger and aggression
- Demonstrates a low degree of empathy.
- Lacks self-discipline.
- · Exhibits poor coping skills
- Is non-compliant with authority.
- · Is amendable to a normative culture.

## RESIDENTIAL TREATMENT PROGRAMMING:

The following three types are offered at Woodward:

Community Residential -- Typical length of stay 4-6 months with the flexibility to extend to 9-12 months if needed. In this programming, students learn how to hold themselves and others accountable by developing the ability confront and appropriately deal with negative behaviors. Successful completion entails advancing through four program phases that begin after a basic orientation period: Phase 1 is Taking Responsibility; Phase 2 is (Identifying & Building) Healthy Relationships; Phase 3 is Victim Empathy; and Phase 4 is Relapse Prevention. This programming is currently being run in four of the facility's eight residential dorms.

**Sex Offender** - - Typical length of stay ranges from 9-24 months. This programming is for male youth who have demonstrated sexually aggressive or inappropriate behaviors and focuses on victim empathy, healthy relationships, identifying and recognizing triggers and relapse prevention. Students are prepared for victim reunification when appropriate. Specific emphasis includes identification of the offender's sexual offenses and cycle, reducing denial, taking full responsibility for offenses, recognizing impact on victims, and the identification of techniques to interrupt the student's offense cycle. This programming is currently being run in three of the facility's eight residential dorms.

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# **FACILITY EVALUATION REPORT (Cont)**

FACILITY NAME: WOODWARD ACADEMY

FACILITY NUMBER: 602300054 VISIT DATE: 05/18/2010

#### **NARRATIVE**

**Highly Structured -** This programming is for youth in need of short term intervention. Typical length of stay 90 days, however if a student is not making progress towards outlined goals and objectives they can be recycled back into the program for an extended time period. This program is unique in its application of structure, teamwork and student leadership opportunities. The focus on cognitive change and not only behavioral change is what sets this program apart from other structured programs. Four levels of achievement can be earned at the completion of the program. This programming is currently being run in one of the facility's eight residential dorms.

Other programming and services at the facility includes:

### Education:

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On campus school is accredited both locally and nationally (Iowa Department of Education; North Central Association Commission on Accreditation and School Improvement, a division of AdvancEd.) Standard middle school and high school curricula, remedial education and Special Education services are available. Electively, students can participate in the Drum Line, Men's Choir, Videography, Graphic Design and Agricultural classes. Students can also obtain a General Education Diploma (GED) during their stay. For students who have finished their high school education, post secondarly classes are available.

#### Medical Services:

A full time nursing staff is maintained at the facility. Physicians are available for on campus appointments for examination and non-invasive treatments. A physical assessment by the nursing staff is done on all students within 24 hours of admission. Students also receive oral and dental treatments as needed. Emergency medical services are provided by the Dallas County Hospital, approximately seven miles from the campus.

## Substance Abuse Treatment:

All students are screened and evaluated for substance abuse treatment. Woodward is currently licensed to provide Level I Extended outpatient treatment ande Level II.1 Intensive outpatient treatment services. Drug education during skill development classes on the dorm is provided to all through structured group; individual counseling is provided if needed. AA meetings are also available - - on and off campus.

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# **FACILITY EVALUATION REPORT (Cont)**

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FACILITY NUMBER: 602300054 VISIT DATE: 05/18/2010

#### **NARRATIVE**

Life / Work Prepardness & Vocational Development:

All students are expected to take the World of Work class that covers topics ranging from how to apply for a job; interviewing skills; how to budget an income as well as filing for financial aid, completion of government forms and business licenses. Once completed, students are eligible for certification programs and job opportunities both on and off campus which include: Food preparation, mechanics, laundry services and landscaping through the state run hospital. Knights on the Move, a student involved moving business was also developed and started two years ago. This endeavor was created to give the young men an opportunity while in residential treatment to obtain job skills, community connections, interpersonal skills, a paycheck and experience to put on their resume. Last fiscal year, Knights on the Move had over 50 moves; employed 113 students and had a payroll of over \$120,000. Academy students can also do seed research, corn detasseling and pollination with the Garst/Syngenta Seed Company. Community service is also performed by the facility's youth - - 33,000 hours last year.

Athletic & Intramural Programs:

Extensive athletic and intramural programs are offered at Woodward which tgives all students the opportunity for sports involvement and physical education. The Academy is a member of the lowa High School Athletic Association allowing participation in junior varsity and varsity sports against other high schools in lowa. The Academy currently participates in cross country, football, basketball, track and field, power lifting and baseball. A new outdoor lighted sports complex for track and field and football is currently being constructed at a nearby location. This is a joint endeavor by Woodward Academy and the local high school and will be utilized and enjoyed by both as well as spectators.

In addition to sports, students are given the opportunity to to participate in gardening, landscaping, photography, poetry, dance classes, woodworking, and small engine repair.

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## **FACILITY EVALUATION REPORT (Cont)**

FACILITY NAME: WOODWARD ACADEMY

FACILITY NUMBER: 602300054 VISIT DATE: 05/18/2010

#### NARRATIVE

#### CALIFORNIA CLIENTS IN CARE: 2 3 At the time of this year's visit, there were 24 California foster children at the facility placed by the following 4 California county agencies: 5 6 Sonoma County Department of Social Services (1) 7 San Joaquin County Probation Department (7) 8 San Francisco County Probation Department (4) 9 Sacramento County Probation Department (7) Sacramento County Department of Social Services (1) 10 11 Santa Clara County Probation Department (4) 12 IOWA LICENSING INFORMATION 13 14 15 Fach of the eight residential halls on the Woodward campus are licensed individually as a "Community Residential" facility by the lowa Department of Human Services. The halls, their capacity and the date last 16 17 licensed by this agency are as follows: 18 19 Mountaineer Hall 20 Capacity: 31 21 Status: Full three year license issued 8/1/2008 Date of Last Licensing Review: 8/12-15/2008 22 23 Legacy Hall 24 Capacity: 31 Status: Full three year license issued 1/1/2010 25 Date of Last Licensing Review: 12/11/2009 26 27 Delta Hall 28 Capacity: 31 29 Date of Last Licensing Review: 8/12-15/2008 Status: Full three year license issued 8/1/2008 30 31 Pathfinder Hall 32 Capacity: 31 Status: Full three year license issued 8/1/2008 Date of Last Licensing Review: 8/12-15/2008

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FACILITY NUMBER: 602300054

**VISIT DATE: 05/18/2010** 

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## **FACILITY EVALUATION REPORT (Cont)**

FACILITY NAME: WOODWARD ACADEMY

NARRATIVE

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1	1   IOWA LICENSING INFORMATION (Continued)		
2 3 4 5	Navigator Hall Capacity: 31 Date of Last Licensing Review: 8/12-15/2008	Status: Full three year license issued 8/1/2008	
6 7 8 9	Victory Hall Capacity: 31	O. 1. 5 1111	
10 11 12	Date of Last Licensing Review: 8/12-15/2008  Triumph Hall Capacity: 31	Status: Full three year license issued 8/1/2008	
13 14 15	Date of Last Licensing Review: 8/12-15/2008  Expedition Hall	Status: Full three year license issued 8/1/2008	
16 17 18		Status: Full three year license issued 8/1/2008	
19 20 21 22	ACCREDITATIONS:  Woodward is licensed by the lowa Department of Public Health to conduct and maintain Juvenile Level I and II.1 Substance Abuse Treatment Services. This licensure is effective May 31, 2007 to May 31, 2010.		
23 24 25 26	Woodward Academy is also accredited nationally by The Joint Commission. The last accreditation was issued July 19, 2008 and is customarily valid for up to 39 months.		
27 28 29			
30 31 32	the Deputy State Fire Marshall performing the inspection, the facility was deemed to be in compliance with all applicable lowa laws and standards.		
SUPERVISOR'S NAME: Mei Yuk Kung TELEPHONE: (916) 32		<b>TELEPHONE</b> : (916) 327-8763	
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## **FACILITY EVALUATION REPORT (Cont)**

FACILITY NAME: WOODWARD ACADEMY

FACILITY NUMBER: 602300054 VISIT DATE: 05/18/2010

#### NARRATIVE

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WATER ANALYSIS / FOOD SERVICE: (Continued)

Water analysis not applicable - - the facility's water source is not from a private well.

All meals are prepared in a centralized cafeteria on the Woodward Resource Center grounds. This operation has a food service/restaurant license and is under the oversight of the lowa Department of Inspections and Appeals, Food & Consumer Safety Bureau. The most recent license (No. RS00-8101438) was issued June 19, 2009 and expires June 5, 2010.

## SCOPE OF RE-CERTIFICATION REVIEW:

- Entrance and exit interview with Executor Director Bill Dean and numerous other members of the administrative/management team.
- Collection of updated and current organizational and program information material.
- Tour/physical inspection of facility.
- Review and discussion on serious incident reporting and emergency intervention (restraint and runaway)
  policies, procedures and practices.
- Sample of client files reviewed.
- Client interviews (3)

CERTIFICATION DECISION:

Re-certify.

30 31 32

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